



# **THE FRUIT OF THE SPIRIT**

## **Gal 5:22-23**

### **1. There are 9 fruit of the Spirit**

1. Love
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Faithfulness
8. Gentleness
9. Self-Control

### **2. Love**

- Will enable us to appreciate our brothers and sisters in the Lord and, of course, our family and others around us.
- Loves always looks after others, shows trust, hope, and always carries on.
- Jhn 13:1; 15:13; 1 Cor 13:3-8; Gal 5:22-23; 1 Jhn 4:16

### **3. Joy**

- This allows us to enjoy our relationship with God, His creation, and others, regardless of our circumstances
- Joy is hope. It is our real hope. It is not a meager wish; rather, it is the unshakable confidence of our future in Christ.
- Ps 32:7-9; 34:1-8; Prov 15:13; Jhn 15:11; 17:13; 2 Cor 12:9; Gal 5:22-23; 1 Thess. 5:18; 1 Pet 4:13-19; Heb 10:34; 12:2; Js 1:1-4

### **4. Peace**

- Peace is surrendering and yielding ourselves to the Lord to be in His control, for He is our ultimate peace!
- In so doing, tranquility will be our tone, control, and our composure no matter the circumstance.
- We are willing to make peace with others because we have found peace with God.

- Is 26:3; Mat 5:9; Lk 19:42; Jhn 14:27; 16:33; Rom 5:1; 12:18; Gal 5:22-23; Col 3:15; Phil 4:7

## 5. **Patience**

- Patience, in some translations is called Longsuffering; this calls for showing tolerance and fortitude toward others, even accepting difficult situations with them—and God—without making demands or conditions.
- “Staying power.” It is like perseverance and the endurance to not give up
- It allows us to endure a less than desirable situation, to make us better, more useful, and even optimistic
- Hos 2:19-23; Ps 33:20; Mat 27:14; Rom 5:3; 12:12; Gal 5:1; 5:22-23; Col 1:11; Js 1:3-4, 12; 5:10-11

## 6. **Kindness**

- Kindness is the medium through which Christ's love becomes real, tangible, and knowable through us.
- It is the application of sincere love that manifests itself in practicing a loving attitude towards others.
- Rom 2:1-4; 12:9-21; 2 Cor 6:6-7; Gal 5:22-23; Eph 4:32; Col 3:12-14; 1 Jhn 3:16-23

## 7. **Goodness**

- This models it to others in the action of love, making Christ and us attractive and inviting.
- It is doing the right thing, even when it does not feel like we should, as Joseph did. He was betrayed and sold as a slave, yet, he chose to make his situation into something good, and to help and treat others better than he needed to.
- Amos 5:15; Prov 25:22; Mat 19:16; Rom 12:17; Gal 5:22-23; 2 Cor 5:20; Eph 5:8-9; 2 Thes 1:11; 1 Pet 3:11; 2 Pet 1:3-8

## 8. **Faithfulness**

- It is being consistent and dependable
- It is not faith itself; rather, it is the fruit and character of faith. It is the “gluing” fruit that will preserve our faith and the other characters of the Spirit, and identify God's will, so we can be dependable and trusting to God and others.
- Ps 119: 89-90; Is 25:1; Mat 17:19; 25:21; Rom 1:17; 5:1-2; 1 Cor 12:9; Gal 5:22-23; Eph 3:16-17; Heb 11:1; 1 Thes 5:24
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## 9. Gentleness

- Gentleness, sometimes referred to as Meekness, is the fruit that will show you have authority to execute something but chose not to enforce it
- This is not weakness or a lack of strength; rather, it is being humble and gentle toward God and others
- Ps 37:11; Is 40:11; 42:2-3; Gal 5:22-23; Phil 4: 5; Mat 5:5; 11:29; 12:15; Eph 4:1-2; 2 Tim 2:24; 1 Thes 2:7

## 10. Self- Control

- Self-Control, sometimes referred to as Temperance, is allowing God to be in control of our will and hearts
- to be diligent in seeking the Spirit to enable us
- Prov 16:32; 25:28; Rom 13: 12-14; 1 Cor 6:12; 9:25-27; Gal 5:22-23; 1 Thes 5: 22; Tit 2:12; Heb 12:2; 2 Pet 1:5-7

## 11. The Godhead and the fruit

1. Love – 1 Jhn 4:8
2. Joy – Ps 16:11
3. Peace – Is 9:6
4. Patience – 2 Thes 3:5
5. Kindness – Is 54:10
6. Goodness – Rom 2:4
7. Faithfulness – 1 Jhn 1:9
8. Gentleness – 2 Cor 10:1
9. Self-Control – 2 Pt 3:9

## 12. How do I get and grow in the fruit of the Spirit?

- Remember these are the Holy Spirit fruits not yours
- Be filled with Spirit and to that degree you will operate in the fruits – Eph 5:18

## 13. Summary

**Let the Holy Spirit control our lives**