



PRAYER

1. Definition of prayer

- Prayer is the means by which the Christian can voice to God his fears, concerns, pleas for help, and thanksgiving for blessings received
- Though sometimes a prayer may only center on one thing, it may also center on several

2. Elements of prayer

- **Adoration:** God needs to be exalted in prayer, acknowledged as the supreme being, the only true and living God.
- **Confession:** We must acknowledge our sinfulness and our sins to God. He cannot not forgive when we do not ask to be forgiven.
- **Thanksgiving:** We must thank God for His multitude of blessings.
- **Supplication:** These are our requests, whether personal or on behalf of others.
- **Submission:** We must submit ourselves to the will of God. He answers every prayer, it is just that sometimes He says yes, sometimes no, and sometimes wait. Some other things to help you in your praying are as follows:

3. Practice of prayer

- Remember that the Holy Spirit will help you in your prayers – Rom 8:26.
- Ask according to God's will - 1 Jhn 5:14-15.
- Spend time alone with God - Luke 5:15-16.
- Live obediently - 1 John 3:22.
- Pray with confidence – Heb 4:16.
- Pray in faith - Jms 1:6.
- Pray with expectancy - Mrk 11:24.

4. Results of Prayer

- God answers – Jms 4:2
- You are built up – Jud 1:20
- Stay in power – 1Thes 5:17, 1 Cor 14:18
- It keeps us in Christ – Jhn 15:7

5. Summary

MUCH PRAYER = MUCH POWER

MORE PRAYER = MORE POWER

LITTLE PRAYER = LITTLE POWER