

# RESOLVING CONFLICT

#### 1. Steps to resolving conflict

- 1. Go to God in prayer Eph. 6:18
  - a. Ask God to search your heart Ps. 139:23-24
    - i. Confess your sins to God 1 Jn. 1:8-9
    - ii. "Take the log out of your own eye" Mt. 7:3-5
  - b. Ask God for humility Jas. 4:6
  - c. Ask God to help you love the individual Mt. 5:44-45; Rom. 12:9-10, 21
  - d. Ask God for wisdom Jas. 1:5
    - i. Correct perception of the situation
    - ii. Knowing when to go Ecc. 3:1, 7, what to say Pr. 15:28 and how to say it Pr. 15:4, 28; 16:21
- 2. Go to the individual in private Mt. 5:23-24; 18:15
  - a. Pray together before the meeting begins Jas. 4:2
  - b. Review and agree upon the "Rules of Engagement"
  - c. Come to a mutual agreement on the exact issue of conflict
    - i. Deal with one issue at a time
  - d. Ask each other to specifically express personal concerns
    - i. Confess any necessary sins Pr. 28:13; Jas. 5:16
    - ii. State a plan of repentance to prevent the sin from reoccurring
    - iii. Make restitution if necessary Lk. 19:8
    - iv. Forgive one another Mt. 18:21-22; Eph. 4:32
  - e. Mutually determine specific steps necessary to resolve the conflict be realistic

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- f. Restore the peace with others who may have been adversely affected Eph. 4:3
- g. Enlist accountability from others if necessary Pr. 11:14
- h. End the meeting in prayer Jas. 5:16
- 3. If the conflict still cannot be resolved:
  - a. Seek a mediator (objective outside individual(s) who can hear both sides and offer solutions - Pr. 11:14
  - Seek an arbitrator (same as above, only now the individual(s) offers a binding decision to settle the conflict to be agreed upon by both individuals in conflict - 1 Cor. 6:4
  - c. Seek a witness (most likely one from above) and initiate/continue the process of church discipline Mt. 18:16-17

#### 2. **Don'ts**

- Assume you know all the facts. Never pass judgment without hearing the other's side of the story - Pr. 18:17
- Betray confidential information to "bolster" your case Pr. 11:13
- Wait for the other person to initiate the resolution process Mt. 5:23-24
- Compromise the Word of God to resolve a conflict 1 Thes. 2:13; 2
  Tim. 4:1-4
- Minimize sin Rom. 6:23; Jas. 1:15
- Try to read the other's mind or expect the other person to read your mind. They may be unaware that their actions were wrong and/or hurtful - 1 Cor. 13:7
- "Unforgive" that which you have previously forgiven someone Jer. 31:34
- Vilify the person. Odds are, they are not as evil as your mind has concocted them to be - Tit. 3:3
- Justify your wrongs by the repeated use of blame shifting, excuses and "but" statements - Lk. 14:18
- Expect sinless perfection in the other Rom. 15:1
- Anger is very destructive if you allow yourself to blow up and vent your anger upon another person. - Jms 1:20, Ps 37:8
- A second way anger is used destructively is to internalize or bury your anger inside. - Eph 4:27

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## 3. **Do's**

- Take time to cool off and pray Pr. 29:20
- Pursue genuine peace as soon as possible Rom. 14:19; Heb. 12:14
- Control your spirit. Especially be slow to anger Pr. 12:16; 15:1; 16:32
- Keep your emotions in control, but still be sure to express your feelings.
- Overlook insignificant offenses Pr. 19:11 unless they are:
- Dishonoring to God
- Damaging to the relationship
- Hurting or might hurt others including the offender
- Trust God for the results, ultimate justice Rom. 12:19 and His work in the other's life
- Attack the issue, not the person Gal. 5:15; Jas. 4:1-3
- Ask Questions. Questions soften the blow and stimulate thinking Jn. 21:15-17
- Reaffirm your love for each other and all that you have in common -Phil. 2:2
- Forgive on the basis of one's statement 1 Cor. 4:5

#### 4. Rules of engagement

- R Respect the relationship more than winning the argument Rom. 15:2
- E Enlist Scripture as the final word• 2 Tim. 3:16
- C Concede to each other the benefit of doubt Rom. 12:10 . Believe and hope all things 1 Cor. 13:7
- Only speak the truth in love Rom. 8:6-8; Eph. 4:15
- N Never gossip with those not involved in the situation 2 Cor. 12:20
- C Consider one another with respect, love and dignity Eph. 4:32; Col 3:13
- Involve other people only when agreed upon and absolutely necessary Pr. 25:9; Mt. 18:15
- Let each other have the opportunity to be heard Pr. 18:2, 13; Jas. 1:19
- E Earnestly work together until the conflict is resolved Rom. 12:18; Phil. 2:1-4
- **D** Desire God's glory Jos. 22:5; 1 Cor. 10:31 and the testimony of His church as the highest goal 1 Cor. 6:7; 10:32

### 5. Summary

# Let resolve conflict God's way

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