

### 1. Introduction

• We are promised that God will use dreams to speak to us - Acts 2:17

#### 2. Seven Foundational Principles for Interpreting Dreams

- 1. Most dreams are symbolic
- 2. The symbols will come from the dreamer's life, so ask, "What does this symbol mean to me?" For example, Joseph was a shepherd, and he dreamed of sheaves and sun, moon and stars bowing down (Gen. 37:1-11). These images surround a shepherd boy who lives in the fields. Nebuchadnezzar, a king, dreamed of statues of gold (Dan 2:31ff), which surround kings who live in palaces.
- 3. The dream generally speaks of the concerns which your heart is currently facing. So ask, "What issues was I processing the day before I had the dream?" For example, Paul was wondering where to go next on his missionary journey and had a dream of a Macedonian man motioning for him to come on over (Acts 16:6-11). Nebuchadnezzar was thinking his kingdom would go on forever (Dan. 4:28-33) and he had a dream of a tree being chopped off at the roots (Dan. 4:9-27). Once you know the thoughts that were on the dreamer's heart when he fell asleep, it is much easier to draw out the meaning of the dream.
- 4. The meaning of the dream must be drawn from the dreamer. Realize you know nothing about the dream, but through dependence upon the Holy Spirit and the skillful use of questions, you can draw the meaning of the dream out from the heart of the dreamer. As for these four children, God gave them knowledge and skill in all learning and wisdom: and Daniel had understanding in all visions and dreams (Dan. 1:17). Counsel in the heart of man is like deep water; but a man of understanding will draw it out (Prov. 20:5).
- 5. The dreamer's heart will leap and "witness" and say, "Aha!" when it hears the right interpretation, so never accept an interpretation that does not bear witness in the dreamer's heart.
- 6. Dreams reveal but do not condemn. Their goal is to preserve life, not to destroy it (Job 33:13- 18).
- 7. Never make a major decision in your life based only on a dream without receiving additional confirmation from the other ways that God

speaks to us and guides us (peace in our hearts, the counsel of others, illumined Scriptures, God's still small voice, prophecy, anointed reasoning, etc.).

#### 3. Some general symbols used in dreams

BIRDS - depending on the kind of bird, this is	Fire - passion, sexual or extreme emotions;
usually a sign of prosperity	fever, an actual body fever;
CATS - an age-old symbol of the Feminine; the	Flying - The great a symbol of Freedom.
elegant and mysterious elements of our lives.	Food - Food represents knowledge.
DOGS - traditional symbol of the Masculine;	Hair - Represents knowledge, most often
courage and loyalty	conscious knowledge (or the lack of).
HORSES - a symbol of animal power, strength	Hands - Symbolize ability, particularly practical
and energy.	and social abilities.
INSECTS - usually represent small, nagging	House - symbol representing yourself.
worries.	Insects - Bugs - Usually represent small,
RATS - beware of deception!	nagging worries.
SNAKES - lead us not into temptation.	Killing - you want or need to kill that part of your
Automobile – Vehicle you are using to move	personality.
forward in life	Lost - The meaning of this dream is literal. You
Baby - may symbolize vulnerability	are lost in your life
Bath - Dream meaning for bath or bathing	Marriage - A bridge between the conscious mind
usually means a rebirth	and the unconscious self
Blood - always symbolizes caution	Money - Represents one's values in life.
Clothes - How you look at yourself and how you	Mountain - Climbing a mountain may symbolize
feel others may see you.	achievements or tasks to be performed.
Celebrities - Can indicate a profitable new offer	Murder - A need for you to eliminate something
will be made.	of self or repressed anger
Chase - It is time for you to set out on your	Naked or Nudity - Symbolize the 'naked truth'
destined path.	about oneself.
Cheating - May indicate of guilt or compromising	People - Most often represents the different
your own conscience.	aspects of oneself
Cross - Represents perfect balance	Radio - Communication between conscious and
Death - Something is coming to an end.	unconscious self
Devil - Evil spirits It may represent some	Roads - Your direction in life
repressed emotions that need to be expressed.	School - Lessons in life.
Earth - News of a sad nature	Snakes - lead us not into temptation.
Eyes - Dreaming about eyes very often	Spiders - traditionally a sign of good fortune
symbolizes insight and understanding.	Teacher - A symbol for your higher self (spiritual
Falling - Falling in your dream may represent	or creative).
your real life fear of letting go of something	Teeth - Symbolizes a fear of getting old. May symbolize aggression. Water - Calm water means good times ahead, Rough waters: caution

#### 4. Examples of dreams in the Bible

- Gen. 15:1-21 Abraham in interaction with God = dreamt about himself
- Gen. 20:1-18 Abimelech and God in interaction = dreamt about himself
- Gen. 28:10-22 Jacob being spoken to by God = dreamt about himself
- Gen. 31:10-29 Jacob and God in interaction = dreamt about himself
- Gen. 37:1-11 Joseph and brothers in interaction = dreamt about himself
- Gen. 40:1-23 Cupbearer and Baker = dreamt about themselves
- Gen. 41:1-49 Pharaoh's dreamt of 7 cows = dreamt for others

- Gen. 46:1-7 Israel in dialogue with God = dreamt about himself
- Judges 7:9-18 Loaf of bread hitting camp = dreamt about himself
- 1 Kings 3:5-28 God and Solomon interact = dreamt about himself
- Daniel 2:1-49 Statue hit by stone = dreamt about others
- Daniel 7:1-28 Four beasts = dreamt about others
- Daniel 8:1-27 Ram and goat = dreamt about others
- Daniel 10:1-12:13 Terrifying vision = dreamt about others
- Matt. 1:20-25 God spoke to Joseph = dreamt about himself
- Matt. 2:3-15 God spoke to Joseph = dreamt about himself
- Matt. 2:19-23 God spoke to Joseph = dreamt about himself

## 5. Summary

# God speaks to us through dreams