



THE BENEFITS OF SUFFERING

1. **Definition**

- to suffer sadly, be in a bad plight of a sick person

2. **Elements to activate the Blessing**

- Pain and suffering can help us to learn important lessons in life. – Deut 32:10-11
- Pain and suffering can bring about creativity, resourcefulness and courage. – Ps 18;42;63;126
- Pain and suffering can help us to comfort others who are going through similar pain. – 2Cor 1:3-5
- Pain and suffering can help to shape our character. – Is 48:10, Zec 13:8-9, Jms 1:2-4
- Pain and suffering can test us to show what we are made of. – Gen 22:1-14, Job, Mt 26:69-75, Acts 4:1-21, Mt 7:24-27
- Pain and suffering can lead to repentance and salvation. – Acts 9:1-16
- Pain and suffering can sometimes help us to trust God.- Job 40:3-5, Dan 3:16-18
- Bearing pain and suffering well can be an inspiration to others.- 2Cor 12:7
- Pain and suffering can have a Divine purpose in preparing us for glory.- 2Cor 4:16-18
- Pain and suffering can prevent us from becoming dangerously proud. – 2Cor 12:7-10
- Sometimes pain and suffering in the life of one person can result in the advancement of the gospel in the life of another person. – Phil 1:12-14
- Pain and suffering can allow us to be like Jesus. – Phil 3:8-11; Heb 2:9-11; 4:15; I Pt 4:12-16

3. **Summary**

Suffering Develops Character